

NEW STUDENT REGISTRATION
FIVE ELEMENT MARTIAL ARTS & HEALING CENTER inc.

3743 Cedar Avenue South Minneapolis, MN 55407 USA (612) 729.7233

Please Print Clearly

DATE: _____ **CLASS ATTENDING:** _____

<u>STUDENTS NAME:</u>	<u>PARENT'S NAME UNDER 18)</u>
<u>ADDRESS:</u>	<u>EMERGENCY CONTACT</u>
<u>CITY/STATE/ ZIP CODE:</u>	<u>Occupation/Hobbies:</u>
<u>EMAIL (Print Clearly):</u>	<u>Previous Martial Arts/Athletic Experience:</u>
<u>PHONE-cell:</u> <u>PHONE-Home:</u> <u>PHONE-work:</u>	<u>Special/Medical Conditions:</u>
<u>BIRTH DATE:</u>	<u>What you expect to learn:</u>
<u>Other INFO:</u>	<u>Other Comments:</u>

READ and SIGN forms on next PAGES 

RELEASE AND WAIVER OF LIABILITY

For the FIVE ELEMENT MARTIAL ARTS & HEALING CENTER, Inc.

In consideration of the agreement of The FIVE ELEMENT MARTIAL ARTS & HEALING CENTER, inc. (hereinafter "FEMA") to accept the undersigned as a student (hereinafter "Student"), it is hereby expressly agreed between the Student and FEMA, its owner, representatives, employees, instructors, guest instructors, landlord and property management company as follows:

WHEREAS, the Student desires to enter into or continue the study of martial arts training, and FEMA is engaged in the teaching of same;

WHEREAS, the Student has made application to FEMA for acceptance as a practitioner of martial arts training, or the Student wishes to continue training at FEMA;

WHEREAS, the Student fully understands that training involving the study and practice of martial arts, which of necessity may involve rigorous physical exertion and violent bodily contact;

THEREFORE, it is hereby agreed, with such agreement being an integral part of the consideration passing from the Student to FEMA that the Student hereby fully and without reservation agrees to forever release FEMA from liability for any and all claims for injuries, damages, or losses resulting or arising from the association of or between FEMA and the undersigned Student by direct or indirect result of attending or participating in the training exercises or any activities of FEMA related in the broadest possible sense to the activities of FEMA. Further, Student agrees to indemnify and hold harmless FEMA from any and all claims, including, without limitation, negligence claims, owned by Student, derivative of Student or transferred or assigned by Student, said indemnification to include the amounts of the claims and FEMA's cost of defending the claims, including attorneys' fees. Both parties hereto understand and agree that this covenant shall survive the signatories hereto to further act to bind the heirs, successors, assigns, executors, or any other representative or interested party of the Student in any manner in which the student him/herself would be bound, and that the benefits flowing here from shall inure to FEMA, without limitation to its present or future owners, employees, representatives, students, teachers and all other individuals and/or business entities of any type who may in any way be associated with FEMA. Further, the Student understands that this agreement modifies in writing any previous agreement written or oral to which the parties have entered and that this agreement supersedes and replaces any previous agreement written or oral. Further, the Student, by his/her signature, certifies that he/she read and fully understands the terms of this Release and Waiver of Liability.

I have read and understand the **RELEASE AND WAIVER OF LIABILITY**

Signature of Student

X _____

PRINT Name: _____ Date _____

Signature of Parent/Guardian (required if Student is under 18 years of age)

X _____

PRINT Name: _____ Date _____

FIVE ELEMENT MARTIAL ARTS & HEALING CENTER
POLICIES & ETIQUETTE



To Begin the Path... FOR ALL NEW STUDENTS

1. "SAFETY & RESPECT" is our Number One Rule!
2. **Come to Class On Time & Pay your Tuition On Time** -Due on the 1st of each month.
There is a \$5.00 late fee if payment is received after the 10th of the month.
There is a \$30 returned check fee. Student Discount/ Retaining/sabbatical fee is \$25 per month
3. **Bow (form of respect)** when entering and/or leaving the training space. If class has already begun, or if you are leaving or returning to the space, it is important to *bow* to the Instructor of the class. We also *bow* to our partners before and after a drill or exercise.
4. To honor its sacredness, casual talking is not allowed when you are on the training floor.
5. **All jewelry MUST be removed.** You may tape over piercings that can not be removed easily.
6. Trim your finger & toe-nails. Be sure your body & clothing are clean. Do not over-use perfumes.
7. When you receive a gi (uniform) be sure it is clean and ironed.
8. If you have a chronic or current injury or concern, please inform the Instructor before class
9. During class, you must be respectful, safe, and alert at all times.
10. If you should need to leave class early, you need to let the Instructor know a few minutes before class begins, and remember to *bow* out as you leave the training space/mat.
11. Make sure that you **smile** at least once in each class.
12. You are encouraged to come to our general meetings and give us your feedback, energy, ideas, & input.
13. For all the class times and special events –**check the website: www.femamartialarts.org**
We have many social events and special seminars at FEMA to enrich our community spirit.
Family and Friends are often included in events!
14. Our belt rank testing requirements are in the STUDENT HANDBOOK & your Welcome Letter.
You only need to attend/show up to all the BEGINNERS classes for your FIRST BELT!
There are no testing fees for this rank.

*** I (the undersigned) AGREE TO FOLLOW THESE GUIDELINES & ETIQUETTE RULES:**

PRINT YOUR NAME: _____

Signature (if over 18 years of age)

date signed

Parents Signature (if UNDER 18)

date signed